



Cockburn City Soccer Club Inc.

Newsletter No.3 March 2006

AGM

The Annual General Meeting on 15th March was attended by 16 people. Most positions have been filled and the Club Structure for 2006 is as follows.

PRESIDENT	Sue Potter
VICE PRESIDENT	Frank Da Silva
SECRETARY	Heidi Lazzaro
TREASURER	Lita Bromwich
JUNIOR PRESIDENT	Tim O'Brien
COMMITTEE MEMBERS	Richard Langley
	Silvio Ranieri
	Chris Pearce
	Simon Woodward
	Tracy Hogan
	John Lorretto

FUNDRAISING COORDINATOR	Heidi Lazzaro
SPONSORSHIP COORDINATOR	Ian Pearson
WEBSITE/NEWSLETTER COORDINATOR	Jan O'Brien
REGISTRAR	Tracy Hogan
EQUIPMENT MANAGER	To Be Advised
GROUNDS PERSON	Anthony

SENIORS

<i>SENIOR COACHES – Semi-Professionals</i>	<i>Billy Russell</i>
	<i>Tom Kilkelly – Assistant</i>
<i>Under 23</i>	<i>Joe Pereira</i>
	<i>Ian Potter – Assistant</i>
<i>Under 18</i>	<i>John Lorretto</i>
	<i>Scott McKay – Assistant</i>
<i>Under 16</i>	<i>Denis Hadjer</i>
<i>TEAM MANAGER – Senior Teams</i>	<i>Frank Da Silva</i>

GOALKEEPING COACH – Juniors & Seniors	Martin Vogt
	<u>JUNIORS</u>
DIRECTOR OF COACHING	Gareth Naven
CONSULTANT	Alistair Edwards

	<i>JUNIOR COACHES</i>	<i>TEAM MANAGERS</i>
<i>U/11's Premier</i>	<i>Geoff Went</i>	<i>To Be Advised</i>
<i>U/11's Div 1</i>	<i>Joe Lazzaro</i>	<i>Heidi Lazzaro</i>
<i>U/12's Premier</i>	<i>Ian Potter</i>	<i>Tracy Hogan</i>
<i>U/13's Premier</i>	<i>Tim O'Brien</i>	<i>To Be Advised</i>
<i>U/14's Premier</i>	<i>Ian Pearson</i>	<i>Maria Pannizza</i>
<i>U/15's Premier</i>	<i>Aaron Potter</i>	<i>To Be Advised</i>

The Rooball Positions are currently being finalised and will be advised before the Rooball season starts at the end of April.

There will be

ROOBALL COACHING COORDINATOR

ROOBALL COACHES UNDER 6'S TO UNDER 10'S

ROOBALL TEAM MANAGERS UNDER 6'S TO UNDER 10'S

ROOBALL ADMIN COORDINATOR.

All Rooball teams will require a Team Manager. If you are interested please advise your team manager.

WANTED

As you can see we still need an equipment person this job involves recording kit distribution preseason and monitoring collection of kits at the end of the season. Please contact Sue on 0401 340 157 if you can help.

URGENT

Please return any playing shirts that you still have from last year or previous years to the office as soon as possible. We are still missing quite a few.

SAFETY ISSUES

For safety reasons please take note of the following

- DO NOT CLIMB or SWING ON THE GOALPOSTS
- - do not allow your children to climb or swing on the goalposts
- Ensure that shoes are worn at all times in the grounds as unfortunately there may be broken glass around.

REGISTRATION FEES are now due and should be paid as soon as possible. Players must be properly registered in time for the start of the season which is fast approaching!

Please see Sue in the office on any Tuesday or Thursday when training is on or contact her for more details on 0401 340 157

TESTIMONIAL MATCH

On Sunday 12.03.06, Scott Miller and Bobby Despotovski celebrated ten years at Perth Glory with a testimonial match at Members Equity Stadium.

As a prelude to the main game our U14's were asked to play Inglewood's U14's to represent the State League's input into the Glory players development. (Scott - Cockburn City Soccer Club and Bobby - Inglewood).

Due to us already being committed to and playing a pre-season fixture in the morning, a combined squad from the U13's and 14's put on a tremendous display of their talents to beat Inglewood 2 - 1.

The game was a fantastic experience for the boys and got the spectators in the mood for a very entertaining testimonial game. Hopefully we'll see a number of these boys playing on a regular basis at Members Equity Stadium in the near future.

SPONSORS

Cockburn City is proud to be sponsored by **Shelford Construction**. Shelford Construction is our main sponsor and help out not only financially but with work that is needed to be done to maintain the grounds.

Shelford Constructions was established in 1991. They are an independent privately owned company without affiliations to any other Builders.

Specializing in quality built homes they offer competitive pricing with an emphasis on craftsmanship and personal service. Their range of standard plans includes first home buyers through to executive homes.

Based in Rockingham, they build in the Fremantle to Mandurah area. For Further information please contact the Housing Consultant Mike Conlan on 0421 648 679.

Shelford Constructions also build commercial projects and are very competitive in concrete tilt panel constructions. For further information please call Tim Massy on 9592 3177.

Our contact details are as follows:

Shelford Constructions

29 Crompton Road

Rockingham WA 6168

Ph: 9592 3177 Fax: 9592 1886 Email: shelfords@bigpond.com

Another of our major sponsors is **EES Shipping Pty Ltd**.

EES Shipping Pty Ltd is one of Australia's major international freight forwarders and plays an extensive role in the promotion and development of overseas markets for Australian manufacturers and suppliers. EES Shipping's knowledge and understanding of the requirements of overseas markets enables us to offer a highly

personalised service to all their clients .Constant growth built in with personalized service has gained confidence with local customs agents, freight forwarders, international removals, manufacturers and government departments which has enabled EES to expand to servicing more countries with frequent sailings with minimal transit times at competitive freight costs.

Address: Unit 4, 289 Stock Road,O'Connor, WA 6163
PO Box 1027, Fremantle, Western Australia 6959

T: (08) 9314 3344 **F:** (08) 9314 2333

E: info@eescair.com

W: www.eescair.com

Our Under 13's Team is sponsored by **Property Gallery**. David Pillinger Managing Director has developed an enviable reputation as Fremantle's best sales agent for 3 years running and has managed to build Fremantle's largest Real Estate Agency in the process. With a current maximum capacity of 25 staff David has the resources to guarantee that he will obtain the highest offers for your property when the time comes to sell, and being that David lives 150m from Property Gallery's South Beach head office he is well connected to give you a local perspective that is not lacking in any way. David Pillinger and the team at Property Gallery are proud to have achieved the highest residential prices throughout Fremantle continually setting records in Fremantle, South Fremantle, Beaconsfield, White Gum Valley, North Fremantle, East Fremantle, Hilton, Hamilton Hill, Spearwood and Coogee.

Email: david@propertygallery.com.au

Mobile: 0408 885 800

Office: 9430 9430

If you know of any other people or businesses that may be interested in sponsoring a team etc we have a number of different options available please contact us to discuss.

If You Have A Business and/or are self employed you can advertise your business on our website and in the newsletter for a small fee per year and at the same time help raise funds for your team and club. This can be tax deductible at the end of the year and will enable the members of our club to learn about and hopefully use your service. If you are interested in contributing in any way please contact Ian Pearson on 0404 995 567 or email sponsorship@cockburncity.org

Individual families may also wish to help in another way by purchasing a BRICK for THE MEMBERS WALL. You can have your family name or business name placed on our members wall in the bar. The bricks are available for \$100.00 a brick. To have a brick displayed please contact Sue on 0401 340 157

JUNIOR COACHING LICENSE COURSE

We are pleased to announce that 16 of our coaches passed their Junior Coaching License accreditation in the course that was held at Cockburn over the weekend. Everyone enjoyed the course and have already started to put their new knowledge into practise during training sessions.

TRAINING NIGHTS

Due to the number of teams training on Tuesday and Thursday nights at Beale Park and due to the lack of sufficient lighting, there will be a rota set up for teams to take turns in training at Dalmatinac Park on the back pitches. Your coach will advise when it is your teams turn.

SENIORS

The seniors start their season in the Vodafone State Premier League on Saturday 8th April'06. Their first match is against Bayswater at home (Dalmatinac Park) at 3pm. It would be great if you could come down and support them. Its free entry for players!

Perth away on 15.04.06

Home against Sorrento on 22.04.06

Stirling Lions away on 29.04.06.

For details of the seniors fixtures please follow the link from the Cockburn City website www.cockburncity.org

Or go to www.footballwa.net then click on 'Fixtures and Results'

JUNIORS

The under 13's, 14's & 15's **Premier** Teams start their season in the Milo Junior League on Sunday 9th April'06. They play the same clubs that the senior team play on the Saturday unless that club doesn't have a junior team in the relevant age group.

This means that for the first match on 9.04.06 the under 14's & 15's will play Bayswater at home but as Bayswater do not have an Under 13's team their place has been taken by Fremantle City under 13's and so our under 13's will play Fremantle City at home.

The under 13's & 14's play 30 minutes each way and the under 15's play 35 minutes each way.

The under 11's and 12's start in the Milo Junior League on 30.04.06 but we do not currently have details of the fixtures.

ROOBALL

The Rooball teams from under 6's to under 10's have now started training at Beale Park on nights as advised by their coaches. The

Rooball league also commences on 30.04.06 but no details available as yet.

Finally before the season commences.....

A MESSAGE TO PARENTS

Dear Parents

Make sure your children know that, win or lose, scared or heroic, you still love them, appreciate their efforts, and are not disappointed in them. The goal should be to improve themselves. This will allow them to do their best; to avoid developing a fear of failure based on the spectra of disapproval and family disappointed if they do mess up.

Be the person in their life that they can look for constant positive reinforcement. Learn to hide your feelings if they disappoint you on the sporting field.

Try your best to be completely honest about your child's athletic capability, competitive attitude, sportsmanship, and actual skill level.

Be helpful, but don't "coach" them on the way to practise....on the way back home from training or a game...at breakfast...and so on. Sure it's tough not to coach, but it is a lot tougher for a child to be inundated with advise, pep talks, and often instruction from a parent and a professional coach. Many times the child gets conflicting advice. If you do not have the confidence in the professional coach, then get your child out of the program! Teach them to enjoy the thrill of competition, to be "out there trying", to be working to improve their skills and attitudes...to take physical bumps and come back for more.

Don't say "winning doesn't count" because it does. Instead, help them develop the feel for competition, for trying hard, for having fun.

Try not to re-live your athletic life through your child in a way that creates pressure; you fumbled too; you lost as well as won. You were frightened; you backed off at times; you were not always heroic. Don't pressure the because of your pride. Sure, they are an extension of you, but let them make their own voyage of discovery into the world of sport. Help to calm the water when things get stormy, but let them handle their navigational problems. Don't assume they feel the way you did, want the same things you want, or have the same attitudes you have. You gave them life, now let them learn how to handle it, enjoy it.

Let your children need you on their terms.

AUTHOR UNKNOWN